



**SIXPRO®**

Natural Antifriction Treatment

# BIKE

**SIXPRO® BIKE** antifriction treatment is the best treatment on the market, indicated to prepare the cyclist's skin and lubricate it at once. Its mostly artisanal production and the highest quality of its natural ingredients enrich the skin from the first moment, achieving short-term resistance and healthy skin, capable to resist long journeys on the bike.



**SIXPRO®**  
a new generation  
of cosmetics for  
athletes.

Challenge your dreams...

## The importance of a good preparation



The most common problems in cyclists' skin after spending long periods of time on the bike are irritations in the perianal area as a consequence of the continued friction of the saddle in the zone, and the appearance of folliculitis or infected cysts.

From **SIXPRO®** we work and educate always in the need of prevention and preparation of the skin. The goal is to provide hydration and nourish the skin to achieve elasticity minimizing the risk of breakage of the skin and protect it from body moisture.

**1** One of the main injuries of the skin is irritation and itching caused by micro-wounds that originate from continuous friction with the culotte and the humidity. The softening of the skin causes sores that over time end up breaking the skin and causing annoying wounds.

**2** The appearance of pimples/boils is due to the hardening of the skin in the perineal area as a result of continued pressure with the saddle. This pressure causes the skin, which is initially very thin in these areas, to become thicker. This hardening causes that the hair cannot

break through the thick layer of skin and becomes encyst, contributing to the appearance of infected hair follicles. Excess humidity and lack of perspiration increase the risk of infection and the appearance of fungi in this area.



### PREVENTION / PREPARATION / MAINTENANCE

The indications that we provide from **SIXPRO® BIKE** for prevention and daily maintenance are really easy and very effective in the short term.

**1** Exfoliate the skin in the perineal area two or three times a week during the shower. There are very soft products on the market suitable for these areas.

*(We recommend not doing it with a sponge since in some cases the sponges can harbor bacteria that could damage the skin in these areas.)*

Gently dry the skin and apply a thin layer of **SIXPRO® BIKE** that will repair and nourish the skin, moisturizing it in depth.

**2** At night before going to sleep apply a thin layer to regenerate the skin during rest hours.

### APPLICATION DURING TRAINING OR COMPETITIONS

**1** Apply a generous amount on the skin of the perineal area (groin, intimate areas, anus) And other areas of friction such as feet or armpits as a lubricant.

**2** For long distances, repeat the application if necessary.

**\*SIXPRO® BIKE** is recommended for any part of the body exposed to friction such as **feet, hands, armpits**, etc.

## Extra virgin olive oil properties

### LUBRICANT

Lubricates the dermis naturally without damaging or intoxicating it, for longer periods than lubricants made from petroleum derivatives that are highly harmful to our health such as petroleum jelly, paraffin, micro-crystalline waxes, etc.

### PROTECTS AND HYDRATES

Creates a thin film on the skin, protecting and hydrating.

### HIGH HEALING POWER

Helps in the healing of the skin minimizing the appearance of scabs, that could be uncomfortable in the practice of sport.

### REVITALIZES SKIN TISSUE

Provides softness and elasticity thanks to its high content of vitamin E.

### MOISTURIZER

Restores natural moisture levels of the dermis.

### ANTIOXIDANT

Acts against the formation of free radicals.

## Virgin and fresh bee wax properties

### PROTECTION

Creates a protective barrier that contributes to the protection of the skin.

### MOISTURIZER

Attracts water molecules, which helps to keep the skin hydrated for longer.

### EXFOLIATES

High content of vitamin A that contributes to natural exfoliation.

### WATERPROOFS

Waterproofs the skin in a natural way without suffocating or intoxicating, unlike other petroleum-based products that promote occlusion and prevent the natural perspiration of the skin.